UNDERSTANDING HUMAN BEHAVIOR

An attempt at unlocking the secrets of human interaction

Michael Allakhverdov, PhD in Psychology

COURSE OVERVIEW

QUESTION WHAT WE KNOW

EXPLORE THE PERPLEXING NATURE OF HUMAN BEHAVIOR AND DECISION-MAKING

MULTIDIMENSIONAL APPROACH

INSIGHTS FROM COGNITIVE AND SOCIAL PSYCHOLOGY TO UNRAVEL HUMAN BEHAVIOR INTRICACIES

HANDS-ON EXPERIENCE

PRACTICES FOR PARTICIPANTS: TASKS, ASSIGNMENTS, DISCUSSIONS PROVIDING REAL-WORLD APPLICATION

COURSE PHILOSOPHY

SCIENTIFIC EXPLORATION

understanding of behavior from an analytical standpoint

critical approach to data and theory

MINDFULNESS AND PRESENCE

understanding human behavior enhances mindfulness and presence

customizable course to meet the needs and desires of participants

LEARNING OUTCOMES

Increased Awareness

Active participation leads to heightened awareness of social and personal contexts

Ability to form scientifically based hypotheses and predict behavior

Critical Thinking

Critical thinking skills to address various issues arising from human interactions

Engagement in discussions and assignments for comprehensive learning

SYLLABUS SUMMARY

Topic 1. Science behind studying human behavior

Topic 2. Self and others

Topic 3. Social cognition and social context

Topic 4. Implicit and explicit decision-making

Topic 5. Cognitive biases and perception

Topic 6. Attribution and Attitudes

Topic 7. Interpersonal attraction and emotions

Topic 8. Cultural differences in understanding behavior

Topic 9. Moral and ethics of behavior

Topic 10. Groups

SCHEDULE

Semester: Spring 2024 (January 29 – May 21)
Subject: PSY
Course Level: 100
Number of Bard Credits: 4
Max Enrollment: 22
Schedule: Tue Thurs 4:10 – 5:30 Berlin (UTC + 2)
Distribution Area: Mind, Brain, Behavior
Language of Instruction: English

MICHAEL ALLAKHVERDOV

michaelallakhverdov@gmail.com